



Valley-Wide Recreation
& Park District
presents the 36th Annual



OLDlympics

Competition for ALL Seniors
September 17 - October 5, 2021

(951) 927-6673 or (951) 487-9234

901 W. Esplanade Ave • PO Box 907 • San Jacinto, CA 92581

Welcome to the THIRTY-SIXTH ANNUAL Valley-Wide Recreation OLDlympics!

You are never too old to compete and have fun. If you are 50 or older, then join us and participate in this 18 day competition with 20 events to choose from. To salute the winners and all participants there will be an Awards Banquet on Tuesday, October 5th. Winners who placed 1st, 2nd, and 3rd will receive medals.

The OLDlympics were created to provide an opportunity for seniors in our community to compete against their peers in regulated events that are traditional, relaxed and informal. We thank and encourage all seniors to participate.

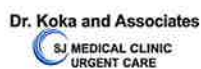
View the information sheet and pick your events. Entry deadlines vary by event, some events are space limited and those with the earliest registration will be selected to participate.



Hemet
Community
Medical Group, Inc.



EST. JUNE 19, 1883



Got Medicare?





AWARDS BANQUET *Everyone Welcome*

If staying for dinner see price & deadline

Date: Tuesday, October 5.

Location: Valley-Wide Recreation, 901 W. Esplanade Ave., San Jacinto.

Time: Doors open at 3:00 pm, Awards at 3:30 pm, Dinner at 5:00.

(All times are approximate)

Price: Dinner \$6.00 per person.

Deadline to Register: October 2.

BENCH PRESS

Chairperson: Steve Mull 400-1693 **Co-Chair:** Dawna Mull

Date: Fri., Sept. 17, 9:30 am, check-in & warm up starts at 8:30am.

Location: Valley-Wide Multipurpose Room, 901 W. Esplanade Ave., San Jacinto

Age Brackets: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+

Awards: First, second & third (Men & Women).

Deadline to Register: Sept. 15.

BILLIARDS (EIGHT BALL)

Men's Chairperson: Tom Sims 714-393-3248 **Co-Chair:** Wes Riley

Men: 2-day elimination, 3 divisions. Limit 48, players over the limit will be used as alternates. 1 & 15 Eight Ball.

Date: Mon., Sept. 27, 9:00 am and Tues., Sept. 28 time TBA.

Note: Most Players will advance to second day. **BCA Rules Prevail.**

Location: Golden Village Palms and Mountain Shadows.

Deadline to Register: for Men Sept. 21.

Women's Chairperson: Edith Reed (951) 392-2131

Co-Chair: Millie Varia

Women: 1 division. Limit 32, players over the limit will be used as alternates.

Date: Wed., Sept. 29, 9:00 am. Check-in 8:30 - 8:50.

Location: Golden Village Palms (across from Target), 3600 W. Florida Ave., Hemet.

Format: Double elimination, Round Robin or best out of 3/5 games, will depend on sign ups.

Deadline to Register: for Women Sept. 22.

Note: Draw your play number as you check in. Women will play 8 ball.

*Scratch on break-Q ball behind head line. *Foul on Q ball-ball in hand anywhere on table.

Awards: First, second & third (Men & Women).

BINGO

Chairperson: Tanner Silves (951) 927-6673

Date: Tues., Sept. 21, 10:00am. Check-in starts at 9:30am.

Location: Valley-Wide Multipurpose Room, 901 W. Esplanade Ave., San Jacinto

Event: 1st round 7 to 8 + games. 2nd round all winners play off for 1st, 2nd & 3rd. (Cards provided by event.)

Awards: First, second & third.

Deadline to Register: Friday, Sept. 17. Limit 72.

BOWLING

Chairpersons: Shirley Callahan 357-2214 and Anne Cotnoir 926-2188

Date: Sun., Sept. 26, 1:15 pm. Check-in starts at 12:00 pm.

Location: AMF Hemet Lanes, 2850 W. Florida Ave., Hemet.

Age Brackets: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95+.

Event: Highest score over 3 games, plus handicap, handicap 100% of 210, High Book, League, or establish

Awards: First, second & third (Men & Women).

Note: In addition to entry fee, a per person cost of \$8.00 for 3 games bowled will be collected at Hemet Lanes on day of event.

Deadline to Register: Sept. 22.

CHAIR VOLLEYBALL

Chairperson: Keri Price 927-6673

Date: Thurs., Sept. 23, 9:30 am. Check-in 9:00 am. Time frame of play will be determined by number of sign ups. Limit 54.

Location: Valle Vista Community Center 43935 E. Acacia Ave., Hemet.

Event: Round Robin. Best 2 out of 3 per round. 11 points per game.

Format: You will be assigned to a team at check-in, and you will stay with that team for the day. Each team will be a mix of men and women with beginners and intermediate players.

Age Bracket: Men and Women age 50 and over.

Awards: First, second & third place teams. Placement ties will have a play-off game.

Deadline to Register: Sept 20.

Register by individual only – no team registration.

Note: This is recreation play, event will follow the California Senior Games Chair Volleyball (lite) play. To download rules: <http://www.debbiharper.com/resources/Chair-Volleyball/Chair-Volleyball-Rules-September-2011.pdf> Subsidiary rules will be posted at the event.

NO PETS ALLOWED AT ANY EVENTS

CRIBBAGE

Chairperson: TBD

Date: Sun., Oct. 3, 12:30 pm. Check in before 12:15 pm.

Location: Valley-Wide Multipurpose Room, 901 W. Esplanade Ave., San Jacinto.

Event: Singles tournament, total points. Bring boards and cards.

Awards: First, second, third & fourth.

Deadline to Register: Sept. 28.

Note: If uneven number, last person to register will sit out.

You must know how to play and count.

"FUN-TATHLON" (6 FUN EVENTS)

Chairpersons: Amanda Thomson 929-5607

Date: Mon., Oct. 4, 9:00 am.

Location: Golden Village Palms (across from Target), 3600 W. Florida Ave., Hemet.

Note: Participants will engage in six (6) mini-events: Shuffleboard, Billiards, Lawn Bowling, Golf Putting, Dart Throwing and Horseshoes. Participants will earn points in all events by a grand total special scoring system. All games will have special short rules.

Awards: First, second & third highest Men & Women. Total points from all events with special scoring.

Deadline to Register: Oct. 1. No experience needed.

GOLF

Chairperson: Missy Galloway 652-2203

Limited Carts: Player must call Echo Hills 652-2203 in advance with registration receipt number to reserve.

Date: Thurs., Sept. 30 (9 holes) OR Sat., Oct. 2 (18 holes). Can only pick 1 day.

Check-in: Starts at 6:30 am. Shotgun start 7:00 am. Both days.

Location: Echo Hills Golf Course, 545 E. Thornton Ave., Hemet.

Format: Men and Women, individual stroke play. 2 rounds, 9 holes – No handicap needed

Awards: First, second & third in each category. Lowest score total from both days.

Age Brackets: 50-59, 60-69, 70-79, 80-89, 90-99, 100+.

Deadline to Register: Sept. 27. Limit 36 per day.

Note: In addition to entry fee, there is a charge for green fees. \$10.00 per person with shared cart, or \$5.00 walk. *Extra donations greatly welcomed!* Green fees to be paid to golf course on event day. If golfing with someone, must indicate whom on the registration form. Snack bar available.

HORSESHOES

Chairperson: Ray Casares (951) 282-7362

Date: Fri., Sept. 24, 8:30 am.

Location: Valley-Wide Recreation, 901 W. Esplanade Ave., San Jacinto.

Awards: First, second & third – All participants: 2 rounds of 20 shoe pitch. Count all.

Deadline to Register: Sept. 20. Must have established ringer average.

Note: Handicaps, if any, added end of play by chairperson. 5 divisions, (Handicapped) A-B-C-D-E.

LAWN BOWLING

Chairpersons: Bud Shelle (951) 816-7871 **Co-Chair:** Carol Robbins

Date: Mon. – Fri., Sept. 27 – Oct. 1, 5:00 pm 2-12

Days of Play: Mon. Men's singles 3-10 end games, Tues. Women's singles 3-10 end games, Wed. Men & Women's playoffs, Thurs. & Fri. mixed pairs 2-12 each day.

Location: Gibbel Park, Devonshire and Kirby, Hemet.

Eligible: Men and Women, singles, mixed pairs.

Awards: First, second, third & fourth.

Deadline to Register: Sept. 21. Limit 16 per event.

Must be an experienced lawn bowler. All players must wear flat sole shoes.

PICKLEBALL

Chairperson: Rosie Roper 714-905-6403 **Co-Chair:** Char Sanders

Co-Chair: Gina Reyes 766-7909 **Co-Chair:** Kim Fix **Co-Chair:** Maria Doest

Date: Sun., Sept. 19, 8:15 am. Check in 7:45 - 8:00, Play begins after check in

Location: Golden Village Palms (across from Target) 3600 W. Florida Ave, Hemet

Events: Men's Doubles & Women's Doubles

Format: You will draw for your player number, you will remain that number for the day. Different partner each round. Number of rounds will depend on number of participants. Play begins after draw.

Age Bracket: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+.

Awards: First, second & third (Men & Women).

Deadline to Register: Sept. 13 – Limit 55 Men, 55 Women. Cap: 110

Note: Can't make event after registering, please call: (951) 927-6673.



Hemet
Community
Medical Group, Inc.



EST. JUNE 19, 1883




RANCHO FAMILY
MEDICAL GROUP



 The Bank of Hemet



THOP
THE HOUSE OF PORTRAITS




FRIENDS
OF VALLEY-WIDE
FOUNDATION


Desert Hills
Memory Care Center

Got Medicare?



Inter Valley Health Plan
Medicare plans for health. Not for profit.


Home Instead
SENIOR CARE
to us, it's personal.

Dr. Koka and Associates


SJ MEDICAL CLINIC
URGENT CARE

OLDlympics

2021 ENTRY FORM (1 form per person)

One (1) Event (1 Box)	\$5	_____
Up to 3 Events (up to 3 boxes).....	\$8	_____
Up to 5 Events (up to 5 boxes).....	\$10	_____
Up to 8 Events (up to 8 boxes).....	\$15	_____
Up to 10 Events (up to 10 boxes).....	\$18	_____
Unlimited Events.....	\$23	_____
Awards Banquet Meal (does not incl. T-Shirt)	\$6	_____
Guests Meal (does not incl. T-Shirt)	\$6	_____
Donations Accepted.....	\$	_____
Note: Bowling Lane & Golf Green fees	TOTAL	_____
to be paid in cash the day of event.		

Mail your completed entry form with check to:

OLDlympics
P.O. Box 907, San Jacinto CA 92581

Awards Ceremony October 5th - 3:30 • Banquet 5:00pm
 at Valley-Wide Recreation in San Jacinto

The 36th Annual Awards Banquet is the highlight of the OLDlympics competition. We will honor all the winners and salute everyone who participated in the 2021 events. Since this is a catered event (Swiss Steak, includes salad, beverage and dessert), the number of guests will have to be known in advance of the banquet. Please sign up by October 2nd. Doors open at 3:00 pm, awards at 3:30 pm, dinner at 5:00 pm (all times are approximate). If attending award portion only, seating will be designated.

For more information call Keri (951) 927-6673

PLEASE NOTE THAT EACH BOX COUNTS AS ONE (1) EVENT

PLEASE PRINT • See each event for registration deadline. **No changing to new event after your event has occurred.**

Name: _____ Age as of 9/14/2021: _____ Sex: _____ Mobile Home Park: _____

Address: _____ #: _____ City: _____ Zip: _____ Phone: _____

T-Shirt Size (registration includes t-shirt): S M LG XL (Limited XXL XXXL) Email: _____

Registration after 9/15/2021 - shirt sizes limited

Pick up shirt when you register.

OFFICE USE ONLY: Participant has shirt: YES NO

BENCH PRESS Body Weight: _____

BINGO

MEN'S BILLIARDS

WOMEN'S BILLIARDS

BOWLING

Names bowling with: _____

• CHAIR VOLLEYBALL Beginners Intermediate (Mark one only)

CRIBBAGE

FUN-TATHLON

• GOLF: Thurs., Sept. 30 (9 hole) **or** Sat., Oct. 2 (18 holes)
(mark 1 only)

Names Playing with: _____

HORSESHOES Must have ringer average:

• LAWN BOWLING: Singles or

Mixed Pairs-Partner: _____

PICKLE BALL

• PINOCHLE: Single deck Double deck

SCRABBLE

SHUFFLEBOARD

TOURNAMENT BLACKJACK

- SWIMMING: 25 yard Free 50 yard Free
- 25 yard Breaststroke 50 yard Breaststroke 25 yard Backstroke
- 50 yard Backstroke 75 yard Medley

• TABLE TENNIS - Singles Doubles

• TENNIS - *USTA Ranking: _____
(*if none estimate or call chairperson)

Doubles Partner: _____

Mixed Doubles Partner: _____

TEXAS HOLD'EM

• TRACK & FIELD:

50 Meter Dash 100 Meter Dash

200 Meter Dash 400 Meter Run

800 Meter Run 1500 Meter Run

1500 Meter Walk 3K Walk

3K Run Long Jump

Standing Long Jump High Jump

Shot Put Discus

Basketball- Shooting Football Pass (men only)

Softball Throw (women only)

(NO changing or adding events day of) NOTE: All running events are on an all weather track. Only non-cleated shoes or 9mm permitted. It is your responsibility to manage your time of events.

PLEASE SIGN WAIVER & RELEASE ON OTHER SIDE ▶▶▶▶▶



VALLEY-WIDE RECREATION AND PARK DISTRICT INFORMATION TO PARTICIPANT REGARDING RISK OF INJURY

ADULT ACTIVITY/PROGRAM: 2021 OLDlympics

Any and all recreation activities involve the risk of injury. You, as the participant, must be aware of the particular risks involved in the activity that you have signed up for. For example, a softball player runs the risk of breaking an arm while diving for a ball, or being struck by a thrown ball; a calligraphy student may fall and break a bone while walking out of class or to their chair; an excursion participant may trip and fall from the bus or the bus itself may be involved in an accident. In any event, participants must understand that all activities have the potential for an injury and Valley-Wide Recreation is not liable. Participants must understand and agree that they take part in the activity at their own risk.

AGREEMENT, WAIVER AND RELEASE

In consideration for being permitted by the above district to participate in the above activity, I hereby waive, release and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance the above district (its officers, employees, and agents) from any and all liability arising out of, or connected to in any way with, my participation in said activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks, I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost or expense which they may incur as the result of my death or any injury or property damage that I may sustain while participating in said activity.

I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ABOVE DISTRICT, AND I SIGN IT OF MY FREE WILL.

WAIVER OF RESPONSIBILITY

NOTE: Be sure to read and sign this important waiver:

In consideration of the right to participate in the 2021 Valley-Wide Recreation OLDlympics, I do hereby, for myself, my heirs, executor or administrators, release and forever discharge any and all claims for damages and losses suffered by me as a result of my participation in or traveling to or from said events including the awards festivities, to be held at various locations throughout the Hemet/San Jacinto/Menifee area between September 17 through October 5, 2021. I certify for myself, my heirs, executors, or administrators, release and forever discharge any and all liability that may result from my participation against the sponsors, Hemet Community Medical Group, Rancho Family Medical Group, The Bank of Hemet, Valley-Wide Recreation and Park District, City of San Jacinto, Arrow Printing Inc., Inter Valley Health Plan, Dr. Koka & Associates SJ Medical Clinic/Urgent Care, Miller Jones Mortuary, Friends of Valley-Wide Foundation, The House of Portraits, Home Instead Senior Care, Ramona Country Carvers, Desert Hills Memory Care, the locations of all events, including but not limited to Hemet Unified School District, Hemet High School, AMF Hemet Lanes, City of Hemet, City of San Jacinto, Golden Village Palms, Echo Hills Golf Course, Mountain Shadows, all Valley-Wide Recreation locations, and/or any officers or agents of said groups, officials and any and all sponsors and their officers and agents thereof. I further understand that there are certain risks; and/or injuries may occur in the various sports and activities and that certain sports and activities require proper training and proper physical conditioning. Knowing the risks and conditions required for any sport and activity, nevertheless, I hereby agree to assume those risks and release and hold harmless all those persons or entities mentioned above. I hereby grant permission to utilize my photo in promotion of the event, should I appear in one. I certify that I have read and understand the above.

X Signature: _____ Date: _____

Print Name: _____